Appendix E-2.16: Body Mass Index (BMI), 2009-2012[1, 2, 3] Adults 20 y and over, age adusted

	Sample size	Body Mass Index (BMI) category							
		BMI <18.5	SE	18.5≤ BMI <25	SE	25≤ BMI <30	SE	BMI ≥30	SE
		%		%		%		%	
20 y and over	11107	1.8	0.2	29.6	0.9	33.3	0.8	35.3	0.8
Gender									
Men	5474	0.9	0.1	26.5	1.1	38.1	0.9	34.5	1.1
Women	5633	2.6	0.3	32.6	1	28.8	1.1	36	1
Age, y									
20-39 y	3765	2.2	0.2	36.8	1.8	29.5	1.2	31.5	1.3
40-59 y	3732	1.5	0.3	24.5	1	35.9	1.2	38	1
≥60 y	3610	1.4	0.2	25.4	1.1	35.7	1.1	37.5	1.3
Race-Hispanic origin[4]									
Non-Hispanic white	4741	1.8	0.2	31.2	1.2	33.5	1.1	33.4	1.1
Non-Hispanic black	2438	1.9	0.3	21.7	0.9	27.7	1.1	48.7	1.4
Hispanic	2719	0.7	0.2	21	1	37.5	1.2	40.8	1.2
Race-Hispanic origin by gender[4]									
Men, Non-Hispanic white	2356	0.6	0.2	26.7	1.5	38.4	1.1	34.3	1.3
Men, Non-Hispanic black	1199	1.9	0.4	28.5	1.1	31.7	1.5	37.9	1.5
Men, Hispanic	1317	**	-	19.4	1.4	41.5	1.5	38.5	1.5
Women, Non-Hispanic white	2385	3	0.5	35.7	1.4	28.8	1.7	32.5	1.5
Women, Non-Hispanic black	1239	1.9	0.4	16.2	1.2	24.5	1.4	57.5	1.7
Women, Hispanic	1402	*0.8	0.2	22.7	1.1	33.5	1.4	43	1.5

[1] Body mass index (BMI) was calculated as weight in kilograms divided by height in meters squared rounded to one decimal place.

[2] Estimates age-adjusted to the year 2000 standard population using 3 age groups: 20–39 yrs, 40–59 yrs, and 60 yrs and over, and weighted.

[3] All pregnant women excluded from analysis.

[4] Participants with a race-Hispanic origin categorized as "other" are included in overall estimates but are not separately reported.

NOTES: SE, standard error; * Relative Standard Error >30 but less than 40; ** Relative Standard Error>40; - Data not available.

DATA SOURCE: National Health and Nutrition Examination Survey (NHANES) 2009-2012.

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